Responsible Driving

Being a responsible driver is simple: If you are drinking, DO NOT DRIVE.

Impact of Increased Blood Alcohol Levels	
.02	Decline in visual functions (rapid tracking of a moving target) Decline in ability to perform two tasks at the same time (divided attention)
.05	Reduced coordination, reduced ability to track moving objects, difficulty steering, and reduced response to emergency driving situations
.08	Concentration impaired, short-term memory loss, speed control, reduced information processing capability (e.g., signal detection, visual search), and impaired perception



1. Plan how you will get home safely before you go out.



2. Never let someone who has been drinking drive. Take their keys and help them arrange a sober ride home.



3. Do not drive for any reason if you drink. Use public transportation, a taxi, a ride-share service, or a designated driver.





4. Verify everyone has a safe way home if you are hosting a party with alcohol.

5. Always wear your seat belt.



If you see an impaired driver, contact law enforcement.



